



SMP

Senior Medicare Patrol

Preventing Medicare Fraud

Volunteers in Action

Editor: Caleb Price
Volunteer Coordinator

"WORKING FOR SENIOR MEDICARE PATROL (SMP) IS AN INCREDIBLY EXCITING AND REWARDING EXPERIENCE. IT OFFERS THE OPPORTUNITY TO MAKE A REAL DIFFERENCE IN THE LIVES OF OLDER ADULTS BY HELPING THEM PROTECT THEMSELVES FROM FRAUD, ABUSE, AND ERRORS IN THEIR MEDICARE BENEFITS. EVERY DAY, I AM INSPIRED BY THE MISSION TO EDUCATE, EMPOWER, AND ADVOCATE FOR SENIORS, ENSURING THEY HAVE THE TOOLS AND KNOWLEDGE TO NAVIGATE THE COMPLEXITIES OF MEDICARE. THE ROLE ALLOWS ME TO CONTRIBUTE TO A MEANINGFUL CAUSE WHILE WORKING ALONGSIDE A PASSIONATE TEAM DEDICATED TO IMPROVING THE WELL-BEING AND SECURITY OF VULNERABLE POPULATIONS."

-CALEB PRICE (VOLUNTEER COORDINATOR)



Caleb Price
(pictured below)
shares thoughts
about working with
SMP!!!



THANKFUL!!!!

FOR ALL OF YOU & ALL YOU DO!!

As we reflect on the past months and the invaluable work we've accomplished together, we want to take a moment to express our deepest gratitude for your unwavering commitment and dedication to the Senior Medicare Patrol (SMP) program. Your efforts have made a tangible difference in the lives of so many seniors, helping them navigate the complexities of Medicare, identify fraud, and protect their healthcare benefits. Whether you've assisted with outreach, education, fraud prevention, or simply provided a listening ear, your contributions are vital in creating a safer and more informed community for older adults.

SENIOR MEDICARE PATROL

YOUR IMPACT!!!!

Thanks to your hard work and dedication, we've been able to:

- Educate thousands of seniors on how to detect and prevent Medicare fraud.
- Distribute essential resources that empower older adults to make informed healthcare decisions.
- Raise awareness within the community about the importance of safeguarding Medicare benefits.

BELOW: VOLUNTEER JUDY RAMER ASSISTS VOLUNTEER/PROGRAM COORDINATOR CALEB PRICE AT LOCAL SENIOR MEDICARE PATROL EXHIBIT BOOTH



Mac & Cheese Recipe for Turkey Day

Ingredients

- Cheese, Butter, Flour, Whole Milk, Heavy Cream, Sour Cream, Elbow Noodles, Seasonings (smoked paprika, salt, black pepper, garlic powder, and onion powder)

How to Make

1. BOIL THE ELBOW PASTA IN A LARGE POT FOR A COUPLE MINUTES LESS THAN THE PACKAGE INSTRUCTIONS, OR UNTIL AL DENTE BECAUSE IT WILL CONTINUE TO COOK IN THE OVEN. DRAIN AND SET ASIDE.
2. IN A LARGE SAUCEPAN ON MEDIUM HEAT, MELT THE BUTTER. ADD THE FLOUR AND WHISK QUICKLY SO NO CLUMPS FORM.
3. ADD IN THE MILK, SOUR CREAM AND HEAVY CREAM AND CONTINUE TO WHISK VIGOROUSLY UNTIL COMBINED. ADD IN YOUR DESIRED AMOUNT OF SEASONINGS AND THEN TURN DOWN THE HEAT SLIGHTLY.
4. SHRED YOUR CHEESES AND THEN ADD IN HALF OF EACH KIND IN INCREMENTS (I USED FRESHLY SHREDDED SHARP CHEDDAR CHEESE, MONTEREY JACK, ASIAGO, MOZZARELLA AND MILD CHEDDAR BUT YOU CAN USE DIFFERENT KINDS OF CHEESE. USING A VARIOUS CHEESE SELECTION WILL ENSURE AN AMAZING FLAVOR) AND CONTINUE TO WHISK. YOU WANT TO WHISK QUICKLY SO THE CHEESE DOESN'T CLUMP UP. THE CHEESE SAUCE SHOULD START TO GET THICKER HERE. YOU CAN TURN THE HEAT BACK UP WHILE WHISKING TOWARDS THE END TO ENSURE A SMOOTHER SAUCE.
5. PREHEAT THE OVEN TO 400 DEGREES F WHILE THE SAUCE SIMMERS ON LOW FOR A FEW MINUTES.
6. IN A BAKING DISH, COMBINE THE COOKED NOODLES WITH THE CREAMY SAUCE. PUT HALF OF THE NOODLES ON THE BOTTOM OF YOUR DISH THEN TOP WITH MORE OF THE CHEESES. POUR THE REST OF THE NOODLES ON TOP AND THEN ADD THE REMAINING CHEESE ON TOP OF YOUR DISH. YOU CAN CUBE UP SOME MORE BUTTER AND PUT IT ON TOP OF THE CHEESE AS WELL. I ALSO ADDED A LITTLE BIT OF SMOKED PAPRIKA ON TOP FOR SOME EXTRA FLAVOR AND COLOR.
7. BAKE FOR 15-20 MINUTES UNTIL THE CHEESE IS MELTED ON TOP. BROIL FOR 2-3 MINUTES TO GET THE CHEESE DARKER ON TOP. YOU CAN TOP WITH FRESH HERBS IF YOU CHOOSE AND ENJOY IMMEDIATELY!



Looking Ahead:

As we continue to grow our efforts, we are excited to see the incredible strides we will make together in the coming months. We are currently seeking passionate and dedicated volunteers to join our Senior Medicare Patrol (SMP) program. As an SMP volunteer, you will play a crucial role in helping seniors protect themselves from healthcare fraud, errors, and abuse. Volunteers educate older adults on how to spot suspicious billing, understand their Medicare statements, and report any potential issues. By volunteering with SMP, you'll make a meaningful impact in your community, empowering seniors to take control of their healthcare and safeguarding their Medicare benefits. No prior experience is necessary, and training will be provided. Join us today and help ensure that seniors receive the care and protection they deserve!



A HEARTFELT THANK YOU!!!

Please know that your time, energy, and enthusiasm are truly appreciated. You are making a difference, and we are incredibly fortunate to have you as part of our SMP team. Thank you for your continued service and for being a champion for seniors everywhere.

TO THE RIGHT :
CASE MANAGER
DEE EDWARDS
PLAYS A FUN
GAME OF FRAUD
BINGO WITH A
GROUP OF
SENIORS IN
GREENBRIER, AR.



866-726-2916

WWW.AR.GOV/SMP